



European Yoga Federation & United Consciousness



**Saturday
13th
May**

08.45 OPENING CEREMONY

09.00	Lighting the Lamp by Swami Suryananda	Italy & India	Invocation Prayers by Swami Brahmanishtananda	Inauguration session
09.15	Greetings to members and representatives			
09.30	Andrey Lobanov	Russia	Kriya-Pranayama series for everyday practice	Pranayama session RUS/ENG
10.00	Special Guest: Mr Amarjeet S. Bhamra	UK	Interview	Speech
10.15	Gisa Franceschelli	Italy	How Yoga supports children and teenagers to discover their inner strength	Speech ITA/ ENG
10.45	Special Guest: Lothar Pirc	Germany	Interview	
11.00	Mary Soukoulis (Aischwarya Devi)	Greece	Sanjivani Kriya	Pranayama-kriya- asana session
11.45	Kostantinos Kalaitzis	Greece	Rama Bhajan and "Vaishnav Jain to" honoring Gandhi	Music
12.00	Amelia Rozzi	Italy	The Archer and the bow: a yogic mindset	Speech
12.30	Cosmin Cobuz	Romania	Pranayama	Pranayama session

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14.00	Opening & Special Guest: Dileepkumar Thankappan	USA	Interview	Speech
14.30	Anna Galovičová	Slovakia	Big Bang in today „3P“ Society (Posttruthfulness, Polarisation, Populism)	Speech
15.00	Daniela Laudani	Italy	Talking about yoga and trees	Speech
15.30	Artist Divine Ensemble	Italy	Jaya Bhagavan	Music
15.45	YogiBaba Adnan	Turkey		Speech
16.15	Andrey Mishchenko	Ukraine	Yoga is a process, a science, or a tool	Speech UKR/ENG
16.45	Artist: Paulomi Pandit	USA	Bharatanatyam Dance	Dance
17.00	Andrè Riehl	France	Meditation, a social revolution?	Speech
17.30	Amra Kubat	Bosnia	Tratak meditation	Meditation session
18.00	Closing			

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**Sunday
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08.45 Welcoming ceremony

09.00	Jadranko Miklec	Croatia	Essence of yoga therapy practice.	Yogasana session
9.45	Special guest: Jo'Han Chánt'Ney	USA	The Star Beings' Knowledge practiced to keep Harmonized the Well-being	Speech
10.00	Amadio Bianchi	Italy	Tat twam asi	Speech
10.30				
10.45	Sukadev	Germany	Develop mental and spiritual powers through Mantra recitation.	Practice
11.15	Françoise Freedman	UK	Baby Yoga for Spiritual Nurture at the Start of Life	Speech
11.45	Artist Larisa Podskochaya	Latvia	Bharatanatyam Dance	Dance
12.00	Swamy Tureya	Belgium	Yogapsychology and Inner trasformation	Speech
12.30	Special Guest: Swami Brahmanistananda	India	Yoga for individual upliftment and contribution to the world	Speech

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14.00	Starting and Special Guest: Dr Chandra Kala	India		Speech
14.30	Tarja Kallio	Finland	Pranayama and mental health – How can we combat the rising number of mental problems?	Speech
15.00	Eva Om Deva	Italy	Sound Act "THE WAYS OF SONGS". Evocation of myths and divinities between East and West	Music
15.15	Dr. Pedro Pastor	Spain	The Era of Commercial Yoga	Speech
15.45	Emy Blesio	Italy	Techniques to fortify the immune system	Speech
16.15	Artist: Pavel Skvortsov (Prabhudev Giri)	Russia		Music
16.30	Vikrant Singh Tomar	India	Yoga for life and life for Yoga	Speech
17.00	PANEL DISCUSSION: Andre Bonello (Malta) Amandio Figuerito (Portugal) Krasimir Logofetov (Bulgaria) Apeksha Bhagawat (Spain)		"Be Yoga Beyond" Moderator: Vikrant Singh Tomar	Speech
17.45			CLOSING CEREMONY	

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